

HANDSWORTH COMMUNITY NURSERY – SUMMER LUNCH MENU 2016

Day	Week 1	Week 2	Week 3	Week 4
Monday	Cheese & Onion Pie Herby Potatoes and Baked Beans Fresh Fruit Salad	Fish Pie Carrots and Peas & Parsley Sauce Fromage- Frais and Apple	Roast Chicken Boiled Potatoes, Seasonal Vegetables Fresh Fruit Salad	Sausages Roast Potatoes and Seasonal Vegetables Fresh Fruit Salad
Tuesday	Beef in Tomato Sauce Boiled Potatoes And Green beans Rice Pudding	Beef Lasagne Salad Garnish And Garlic bread Fresh Fruit Salad	Beef Stroganoff With Boiled rice Ice-cream	Salmon Fishcakes Potatoes, Peas And Parsley sauce Ginger Bun
Wednesday	Fish finger Potato wedges & Baked beans Chocolate Sponge & Custard	Roast chicken New potatoes Seasonal Vegetables Yorkshire puddings Jelly and Ice-Cream	Sweet Potato and Spinach curry Bombay Potatoes Fromage frais and fruit	Spaghetti Bolognaise Bananas and Chocolate sauce
Thursday	Vegetable Pasta Bake In a spicy sauce Fruit Whip	Sliced Ham Salad With Peas and potatoes Lemon Sponge	Salmon Pasta bake Cucumber and carrot batons Sultana bun	Chicken Pasta And Vegetable casserole Shortbread and fruit slices
Friday	Chicken curry with Boiled rice Arctic Roll	Cottage pie With Seasonal Vegetables Butterfly bun	Shepherd's pie With Seasonal Vegetables Fruit Whip	Lamb Cobbler With Seasonal Vegetables Jelly

ALL DIETARY/RELIGIOUS REQUIREMENTS CAN BE ACCOMMODATED, PLEASE SEE A MEMBER OF STAFF